



Hearts & Hands

FOUNDATION

HEARTS & HANDS FOUNDATION VOLUNTEER APPLICATION FORM

NAME _____ DATE _____

ADDRESS _____

PHONE _____ EMAIL _____

DOB _____ PASSPORT # _____

NEXT OF KIN _____ PHONE _____

RELATIONSHIP _____

PROFESSION _____

Medical Issues (If any) _____

Medications _____

REQUIREMENTS:

1. Current Passport.
2. Immunizations and medications - hepatitis, typhoid, diphtheria/tetanus, malaria if required.
3. Attendance at scheduled in-service.
4. Fundraising for stoves - stoves cost \$175 each. For each stove a volunteer sells, this amount is deducted from a volunteer's costs. A donor receives a tax receipt.

5. All volunteers **must have** Travel and International Health Insurance that includes cancellation coverage to retrieve their costs. Proof of insurance must be provided to H&H before departure.
6. A deposit of \$500.00 is required to be paid upon registration. The remaining costs are to be paid 65 days prior to departure.
7. Amounts paid are non-refundable.
8. Individuals who need to cancel have an opportunity to find a replacement who meets the requirements of Hearts & Hands Foundation. A replacement must be found be found no later than 65 days before departure.

AGREEMENT

I have been informed of the requirements and wish to join Hearts & Hands Foundation project. I understand that all travel entails risks and rewards beyond those encountered at home. I understand that Hearts & Hands Foundation expects all volunteers to ensure that they are in good health and have the required current immunizations. I will provide a copy of insurance coverage to the Team Leader. I must be familiar with the recommendations and rules established by Hearts & Hands Foundation, pay designated costs when requested, and appreciate that in some destinations, the customs, practices, and standards differ from those provided in North America.

Volunteer Signature _____

Date _____

Updated 2019

Hearts & Hands Foundation for Humanitarian Assistance

GENERAL RELEASE AND ASSUMPTION OF RISK

Please read carefully and sign

1. Assumption of Risk

I, _____ acknowledge that I have applied to be a volunteer in the work of Hearts and Hands Foundation (Hearts and Hands). I am aware and acknowledge that the work of Hearts and Hands may subject me to a number of risks and dangers. I understand and acknowledge that the work of Hearts and Hands may involve hazardous or dangerous activities and that my participation in such work may subject me to the risk of injury, illness or death. I have volunteered to participate in the work of Hearts and Hands in a developing country. I understand and acknowledge that I may be subject to a number of additional risks and dangers involved in transportation to and in a developing country, the risk and danger that adequate medical facilities may not be available should I require medical attention, and the risks and dangers of residing in and being subject to the laws of a foreign country. I have been made aware of the conditions that presently exist in a developing country, specifically, but not limited to, social and political unrest, guerrilla and terrorist activity, unsanitary health conditions in camps, villages, and other municipalities, including the risk of hepatitis, malaria, cholera, polio, and other diseases. I voluntarily agree to assume all of the above risks, and all other risks associated with my participation in the work of Hearts and Hands, whether known or unknown.

2. General Releases

As consideration for being permitted by Hearts and Hands to participate in its work, I hereby release and forever discharge Hearts and Hands, their directors, officers, agents, employees, representatives, volunteers, attorneys, assigns, and affiliates for any and all claims and demands of whatever kind or nature, whether known or unknown, that arise out of or are connected in any way whatsoever with my voluntary participation in the work of Hearts and Hands.

3. Release Re: Medical Treatment

As further consideration for being permitted by Hearts and Hands to participate in their work, I hereby release and forever discharge Hearts and Hands, their directors, officers, agents, employees, representatives, volunteers, attorneys, assigns, and affiliates from any and all claims and demands of whatever kind of nature, whether known or unknown, that arise out or are connected in any way whatsoever with any first aid, medical treatment or services rendered me during my participation in or in any way related to Hearts and Hands work.

4. Release Re: Marketing and Communication Purposes

As further consideration for being permitted by Hearts & Hands Foundation to participate in its work, I hereby release all rights to any photos, videos, or any other visual or audio materials of myself taken by Hearts & Hands before, during, and after completion of the project and I give permission to Hearts & Hands to use for marketing and communication purposes.

5. Binding Effect

I understand and acknowledge that this Agreement is a binding legal document that affects my legal rights and remedies. I further understand and acknowledge that this Agreement binds not only me but also my spouse, children, heirs, representatives, distributes, guardians and assigns.

6. No Employee Status/No Workers Compensation/No Malpractice Insurance/No Employee Benefits

I understand and agree that I am not an employee of Hearts and Hands because I participate as a volunteer in the work of Hearts and Hands. I understand and agree that Hearts and Hands is under no obligation to provide, and does not provide, workers compensation, malpractice insurance, or any other employee benefits of any kind whatsoever.

7. Scope

I understand and agree that this Agreement is intended to be interpreted and construed as broadly and inclusively as permitted under the laws of the province of Alberta. If legal proceedings are filed, I understand they will be tried only in the province of Alberta.

8. Entire Agreement/Amendment Only by Writing

I understand and agree that this Agreement constitutes the entire agreement between me and Hearts and Hands concerning my participation in the work of Hearts and Hands and supersedes all negotiations and statements made prior to or contemporaneous with the execution of the Agreement. I further understand and agree that this Agreement may only be modified or amended by a writing signed both by me and an authorized representative of Hearts and Hands, and that this Agreement may not be orally amended.

9. Governing Law/Forum

I understand and agree that this Agreement shall be governed by and interpreted in accordance with the laws of the province of Alberta. I hereby further agree that any litigation, administrative proceeding or arbitration concerning this Agreement or my participation in the work of Hearts and Hands shall be brought and conducted in the province of Alberta. I agree to be subject to personal jurisdiction and venue in the province of Alberta, and hereby waive any right that I may have to commence any litigation, administrative action or arbitration relating to this Agreement or my participation in the work of Hearts and Hands in any form other than in the province of Alberta.

10. Invalidity of Any Clause

I understand and agree that in the event any clause, sentence or provision of this Agreement shall be held to be invalid or unenforceable by any court of competent jurisdiction, the invalidity or unenforceability of such clause, sentence or provision shall not affect the validity or enforceability of the remaining provisions.

11. Terms Contractual

I understand and agree that the terms of the Agreement are contractual and are conditions precedent to my participation in the work of Hearts and Hands and are not mere recitals.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS AND BINDING EFFECT. I ACKNOWLEDGE THAT I HAVE HAD THE OPPORTUNITY TO HAVE THIS AGREEMENT REVIEWED BY AN ATTORNEY PRIOR TO THE TIME I SIGNED IT IF I SO CHOOSE. I UNDERSTAND THAT THIS AGREEMENT IS A LEGAL CONTRACT BETWEEN ME AND HEARTS AND HANDS THAT AFFECTS MY LEGAL RIGHTS. I REPRESENT THAT I AM SIGNING THIS AGREEMENT KNOWINGLY, VOLUNTARILY AND OF MY OWN FREE WILL.

Volunteer _____ Date: _____

Print Name & Address: _____

If under 21 years old, signature and printed name of Parent or Legal Guardian needed

Box 8729, Canmore, Alberta, T1W 0B9 Phone 403-512-4186 Fax 403-675-2725

Hearts and Hands Foundation

Statement of Purpose

Hearts and Hands Foundation is a non-profit organization chartered in January, 2005 (Alberta charter number 5011517900). Hearts and Hands reflects Judeo-Christian principles and values in its work. Hearts and Hands provides assistance to the people of developing countries. **In no way do we as volunteers try to impose North American values on the people of Guatemala, but rather work within their culture by identifying their needs as they see them.**

The objectives of Hearts and Hands programs are to:

1. Identify a need/s and offer assistance towards resolution in an area.
2. Provide a hand-up rather than a hand-out to recipients.
3. Respect and maintain the local inhabitants culture and dignity.
4. Develop projects that will result in self-sufficiency after Hearts and Hands volunteers have departed.

Hearts and Hands Foundation coordinates its projects and activities with other Organizations, both non-governmental and governmental within the host country; and believes strongly in working within the local legal, cultural, and organizational structures.

Volunteers will be recruited and organized into short-term projects to work in its programs:

- Construction- stoves, homes, community facilities
- Medical Care- exams, dental care,
- Health Promotion- personal and home hygiene, nutrition
- Education- scholarships, school facilities, supplies, equipment

Hearts and Hands Foundation and its volunteers are guests in the host country. We all share a responsibility to act in a manner that reflects good role models. We must be aware we:

1. Represent Hearts and Hands Foundation and its allied organizations.
2. Represent Canada.
3. Represent organizations and/or systems from our own communities.
4. Respect the local culture and mores of the people we serve.

To ensure that volunteers have an experience that honors all concerned, the following are expectations of behavior:

- Avoid excessive consumption of alcohol during work time. (Work time defined by Hearts and Hands Team Leader.)
- Avoid public displays of affection as this is seen as disrespectful by local culture.

- Personal conduct should be always above question so as not to embarrass Hearts and Hands Foundation, allied organizations, and Canada.
- In order not to promote a "begging" mentality, do not give candy, gum, money, photos, etc. to children or adults on the streets.
- Respect the culture where we work through being aware of our appearance, clothing and behavior. Certain clothing such as shorts and sleeveless shirts can be inappropriate. Follow the instructions of the Team Leader.
- **Follow and respect the team leader and the rules set by H&H.**
- **Refrain from making judgmental statements about any country or ethnic group.**

PLEASE NOTE:

- 1. Any conduct determined to be detrimental to Hearts and Hands Foundation by a team member is cause for that person not to be invited for further Hearts and Hands Foundation projects. The Team Leader or Hearts and Hands Executive Director will make such determination.**
- 2. The Team Leader and/or Hearts and Hands Executive Director reserves the right to return anyone to Canada while on a project. The volunteer forfeits all rights to financial remuneration.**

I understand and agree to conduct myself in a manner consistent with the above.

Signed _____ Date _____